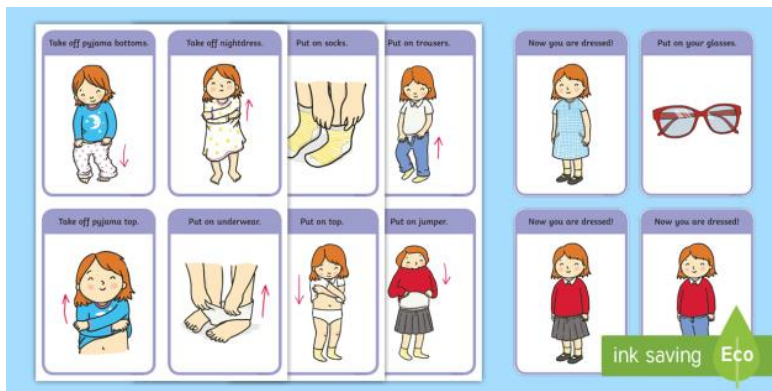# Visual Timetables

Visual timetables can be a great way for helping your children organise their day. There are many visual timetable resources available online, you can use clip art images, or take photographs to represent the different tasks that you want to include. Some children require a task like dressing broken up into ordered segments whereas others may benefit from an image of each separate activity they are required to complete that morning / evening (see below for examples).

As the above image shows, you can laminate or put the images on cardboard and use Velcro to make it interactive, so that each time a child completes an activity, they can remove it from the timetable.

https://youtu.be/09mk082SQ0g

https://do2learn.com/picturecards/howtouse/reminderstrips.htm

Images can be laminated and attached to school bag to provide a visual prompt for items that are needed to be taken home (drinks bottle, jumper, coat, reading book, PE kit etc).