

Standard Operating Procedure (SOP) for emptying a catheter urine drainage bag or releasing a catheter valve (adult patients)

Document Details		
Title	Standard Operating Procedure (SOP) for emptying a catheter urine drainage bag or releasing a catheter valve (adult patients)	
Trust Ref No	2290-86030	
Author	Nicola Head Continence Nurse Specialist	
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1	Oct 2023	New Standard Operating Procedure

Standard Operating Procedure for emptying a catheter urine drainage bag or releasing a catheter valve (adult patients)

<p>Patients should be encouraged and taught how to empty their own urine drainage bags / release their catheter valves, if clinically appropriate</p>
<p>Urine drainage bags should be emptied when three quarters full</p>
<p>Catheter valves should be emptied 4-7 times per 24 hours, or when the patient feels their bladder is comfortably full</p>
<p>Equipment: Non-sterile nitrile gloves Single use apron Alcohol hand gel Urinal bottle / clean receptacle (single patient use)</p> <p>Check that all items are within their expiry date and that packaging is undamaged</p>
<p>Explain the procedure to the patient including the consideration of a chaperone, and gain consent</p>
<p>Decontaminate hands and put apron and gloves on</p>
<p>Prepare the patient, maintaining their dignity</p>
<p>Release the tap at the bottom of the drainage bag / catheter valve and empty urine into the urinal bottle / clean receptacle Ensure that the tap does not come into contact with the urinal bottle / clean receptacle</p>
<p>Close the tap, wipe excess urine from the tap using a single use tissue or paper towel</p>
<p>Dispose of urine into toilet or sluice</p>
<p>Wash urinal bottle / receptacle in water and detergent after each use, in patient's home Place disposable urinal bottle in macerator, in community hospitals</p>
<p>Ensure that the patient is comfortable</p>
<p>Remove gloves and apron. Decontaminate hands</p>
<p>Seek advice from other health care professionals about any clinical concerns, queries or outcomes</p>
<p>Record consent, procedure and outcomes (including volume of urine, if clinically indicated) in the patient's notes</p>
<p>Offer patient / family / carer education about emptying catheter bags / releasing catheter valves effectively, and check for understanding</p> <p>Supply 'Patient Information - Indwelling Catheters' leaflet to patient</p> <p>Refer to Trust document on Staffzone: CONT013 Patient Information – Indwelling Catheters https://www.shropscommunityhealth.nhs.uk/content/doclib/11213.docx</p>